



Boroondara Netball Association Inc.

www.bna.org.au

Registration No: AOO33297P

ABN: 82656813717

Incorporating Boroondara **EXPRESS** Victorian Netball League Teams
Boroondara **POWER** Association Representative Teams

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JuniorNet: FRIDAY AFTERNOON UMPIRING / COACHING

NON-COMPETITIVE	<ul style="list-style-type: none"> JuniorNet G4 is NON-COMPETITIVE. There are no ladders or finals. Scores are kept but the sole purpose is for future grading in year 5. 	
AIMS	<ul style="list-style-type: none"> To have FUN without the pressures of competition at this age. To TEACH the children the basic <u>skills</u> and basic <u>rules</u> of netball. 	
COACHING	<p>Unlike competitive netball, coaches AND umpires are encouraged to actively explain decisions to the children during the game.</p>	
RULES	<ul style="list-style-type: none"> Modified – see below It is inappropriate to apply complicated netball rules to children this age Use common sense 	
EQUIPMENT	<p>Year 3 Size 4 balls Goal posts 2.4 m (8 ft)</p>	<p>Year 4 Size 5 balls Goal posts 3.05m (10 ft)</p>
UMPIRES	<p>We encourage our young trainee umpires to also “practice” their skills and gain confidence on Fridays and some have aligned with teams. We expect that these young, enthusiastic girls / boys receive your support.</p>	
UMPIRE & COACH EDUCATION	<p>To be able to teach children the correct rules, it is clearly essential that coaches and umpires KNOW the correct rules. You are not expected to know everything, just basic rules which will enable you to teach the children.</p> <p>To ensure that we are all teaching the children the correct rules of the game, ALL umpires and junior coaches are now required to complete their UMPIRE theory & Level 1 courses. These are done <u>on-line</u> and are a very simple process which you can do in your own time. Please go to our website for the relevant link.</p>	
BEHAVIOUR	<ul style="list-style-type: none"> If you have any concerns about spectator / coach / parent / umpire behaviour, PLEASE ask at the office for assistance. Do not engage in ANY dispute in front of the children. Remember, we are here for the children to have a great time and go home feeling happy and positive about their sport! 	

THANKYOU very much for your commitment!

BASIC RULES TO FOCUS ON ARE:

Footwork	Shuffling to regain balance after catching a pass should be allowed. Children at this age do not have the motor skills to suddenly stop and maintain balance.
Netball positions	What is offside? Demonstrate to the child where she can and cannot go, place her in the correct area, but do not penalise . Players should experience ALL positions over the course of the season. Rotation of positions at the end of each quarter ensures that EVERYBODY learns all positions.
Substitutions	Game time should be evenly distributed amongst ALL players. A team may make unlimited substitutions at intervals OR after a goal has been scored.
Throw ins	Show them where the throw in it taken; do not penalise for feet on the line etc
Centre pass	Centre passes will alternate If, after half time, one team is clearly outscoring the other, the centre passes should be taken by the team that did not score the last goal . If the ball is caught outside the centre third, explain the rule and take it back to the centre to be replayed.
Held ball	Allow up to 4 seconds (not 3) so the child can concentrate and decide who to throw to and which type of pass to use.
Obstruction / Defending	= when a player is defending closer than 4 ft (1.2m) In JuniorNet the aim is to correct the child's distance - explaining as you go – and play continues. There is no need to stand the player out of play. When a player is going for a goal, ensure that the defender is at least 4 ft (not 3) away from the goaler so she has a clear view at goal. Do not stand her out of play.
Contact	= when a player makes contact with an opponent
Short pass	Explain and allow the player to take her pass again
Replayed ball	Explain and allow the player to take her pass again
Advantage	Far too hard at this age
Over a third	Explain and allow the player to take her pass again
As an umpire, you need to be aware of:	
Areas of control	Recognise which sidelines and area of the court are your responsibility; don't umpire in the other umpire's zone as the children will become confused by different umpire calls
Hand signals	Basic hand signals should be used only: 1) start / stop play 2) stepping
Whistle	Be confident and explain decisions clearly & succinctly – not an essay
Positioning	Know where to stand so that you can SEE the play